

Break my stride

By: BlueLagoon - Best of 2004 – Radio Edit – EMI DE-U22-0400020 Level: **easy**
or Maxi CD – Radio Edit – Kon\$um 5 099767 522523 Duration: **03:00** min

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Sequenz: **A-Bridge-B-A-C-B-A-A-C-Ending**

Wait 32 beats then start with left foot!

Part A:

2	Kick Kick 123	KK KK ST ST ST	KK KK ST ST ST
		L L L R L	R R R L R
		1 2 3 & 4	5 6 7 & 8
2	Push Offs (left & right)	ST RS RS RS	ST RS RS RS
		L RL RL RL	R LR LR LR
		1 &2 &3 &4	5 &6 &7 &8
2	Kick Kick 123	KK KK ST ST ST	KK KK ST ST ST
		L L L R L	R R R L R
		1 2 3 & 4	5 6 7 & 8
2	Push Offs (forward & back)	ST RS RS RS	ST RS RS RS
		L RL RL RL	R LR LR LR
		1 &2 &3 &4	5 &6 &7 &8

Bridge:

2	Triple	ST ST ST RS	ST ST ST RS		
		L R L RL	R L R LR		
		1 2 3 &4	5 6 7 &8		
4	Step Touches	ST TCH	ST TCH	ST TCH	ST TCH
		L R	R L	L R	R L
		1 2	3 4	5 6	7 8

Part B:

1	Push Off (left)	ST RS RS RS	
		L RL RL RL	
		1 &2 &3 &4	
2	Basics	ST ST ST	ST ST ST
		R L R	L R L
		5 & 6	7 & 8
1	Push Off (right)	ST RS RS RS	
		R LR LR LR	
		1 &2 &3 &4	
2	Basics	ST ST ST	ST ST ST
		L R L	R L R
		5 & 6	7 & 8
1	Push Turn (full turn left)	ST RS RS RS	
		L RL RL RL	
		1 &2 &3 &4	
2	Basics	ST ST ST	ST ST ST
		R L R	L R L
		5 & 6	7 & 8
1	Push Turn (full turn right)	ST RS RS RS	
		R LR LR LR	
		1 &2 &3 &4	
4	Steps	ST ST ST ST	
		L R L R	
		5 6 7 8	

continued next page

Sequenz: A-Bridge-B-A-C-B-A-A-C-Ending

Part C:

4 Basics	ST ST ST	ST ST ST	ST ST ST	ST ST ST
	L R L	R L R	L R L	R L R
	1 & 2	3 & 4	5 & 6	7 & 8
2 Triple	ST ST ST RS	ST ST ST RS		
	L R L RL	R L R LR		
	1 2 3 &4	5 6 7 &8		

Repeat!

Ending: Palms and arms up.
Then turn palms and arms down while you **turn your body 1/8 to the left!**
